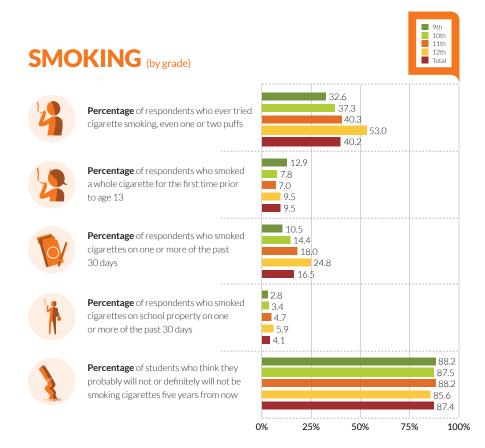
# TOBACCO use

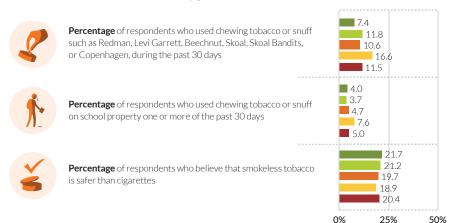
in South Dakota High Schools 2013

## Why is this problematic?

Tobacco use is a behavior that contributes to the leading causes of morbidity and mortality among youth and adults. Habits are established during childhood and adolescence, extend into adulthood, and are interrelated and preventable<sup>1</sup>. 90% of adult smokers began at or before age 18, and 5.6 million kids alive today will die prematurely from smoking-caused disease unless current trends are reversed<sup>2</sup>.



## SPIT TOBACCO (by grade)



### **SMOKING TRENDS**



**Percentage** of respondents who smoked cigarettes on one or more of the past 30 days

#### SPIT TOBACCO TRENDS



Percentage of respondents who used chewing tobacco or snuff such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen, during the past 30 days



#### 50% 25% 12.7% 8.0% 7.9% 11.5% 8.9% 7.7% 11.5% 8.8% 2005 2007 2009 2011 2013

#### What works?

An evidence-based, coordinated effort works. Establish comprehensive smoke-free policies and social norms, promote and help tobacco users to quit, and prevent non-users from starting. Programs that are comprehensive, sustained, and accountable have been shown to reduce smoking rates and tobacco-related deaths and diseases<sup>3</sup>.

#### Reference

- 1. CDC: http://www.cdc.gov/HealthyYouth/yrbs/
- Press Release President's plan to expand early education with a tobacco tax will protect kids and save lives:
- Best Practices for Comprehensive Tobacco Control Programs—2014
  http://www.cdc.gov/tobacco/stateandcommunity/best\_practices/

